



spa & botanica  
HONG KONG



# SPA BOTANICA SERENITY

- Immerse into this urban oasis's serenity in front of seaside; Spa Botanica offers a wide range of spa treatments that is perfect to relax and rejuvenate your body and soul –

## Detox Retreat 180 mins

This journey begins with a warming foot ritual and a full body rub combining sea salt, avocado oil, macadamia nut oil, and compliments with a dry skin brushing to draw out pollutants from the body instantly. Followed by a massage harnessing a fine blend of detoxifying oil which promotes circulation and lymphatic drainage. A mineral-rich Detox Body Pack utilizing algae and seaweed extracts further eliminates toxins and impurities. A Purifying Facial will complete this renewal experience. This ultimate escape is ideal to get rid of daily stress and to improve fluid retention problem or simply to enhance your spirit.

- Dry Skin Brushing
- Sea Salt Scrub
- Detoxifying Full Body Massage
- Aroma Algae Body Wrap
- Aroma Body Lotion
- Purifying Facial
- Refreshment

## Pure Recharge 180 mins

Commence this journey with a full body buff to refresh tired and dull looking body skin. Warm seashells and botanical oil are combined for a comforting and soothing massage. Enjoy a deep sensation of calming and hydrating properties by layers of Milk and Honey Body Wrap. The finishing touch is a Vitamin and Honey Express Facial. This unique treat leaves your skin restored with resilience, offering you with a renewed glow and sense of well being.

- Body Buff
- Warm Sea Shell Massage
- Milk and Honey Body Wrap
- Rich Body Lotion
- Vitamin and Honey Express Facial
- Refreshment



# SPA BOTANICA SERENITY

## **Silky Cashmere Dip 180 mins**

Freshen up with aromatic essence from natural scents of flower and earth to embark on this journey. After a polish by the richness of jasmine and rice extracts, a calming aroma massage is followed. The sensation is complimented by body cocooning in a Silky Cashmere Body Pack, featuring Hawaiian sea plant extract and meadowfoam seed oil. Your skin will be remarkably strengthened and intensely hydrated. A touch of rich body cream with delicate golden shimmer makes your body and spirit sparkle. This divine experience finishes with a Caviar Express Facial treatment. You will feel unwinded and your body will be completely replenished.

- Jasmine and Rice Body Scrub
- Aromatherapy Massage
- Silk and Cashmere Body Pack
- Rich Body Cream
- Caviar Express Facial
- Refreshment

## **Sweet Heaven (For Two Persons) 180 mins**

Enjoy the sweetness and natural essence as our therapist introduces you to this blissful indulgence. Beginning with an aromatic bath to soothe and relax in our sea view Couple Suite, then followed by a soothing full body massage to loosen your tension instantaneously. A warm therapeutic mud containing an abundance of essential minerals that cleanse and soften skin is applied to rejuvenate your body and mind. Hydrating Body Cream and Aromatic Express Facial are the ending touches, leaving you both completely renewed.

- Aromatic Bath
- Aromatherapy Massage
- Therapeutic Mud Body Treatment
- Hydrating Body Cream
- Aromatic Express Facial
- Refreshment

# SPA BOTANICA SPECIALTIES

## **Organic Indulgence 120 mins**

Commence this luxurious organic ritual with a sugary body scrub infused with precious organic jojoba oil, macadamia nut oil and sweet orange oil. Heighten this uplifting experience with a massage harnessing a fine organic oil blend to alleviate stress and calm your mind.

- Organic Sugary Scrub
- Organic Oil Massage

## **Lost in Paradise 120 mins**

Enjoy the calming sensation of our signature massage that helps loosen the most tensed muscles. This treatment finishes with an express facial featuring pressure points massage and a nourishing facial mask, leaving your skin well-balanced and rejuvenated.

- Signature Massage
- Express Facial

## **Shine Renewal 120 mins**

This conditioning treatment is like treating yourself a body facial. Starting with an exfoliation combining natural sea salt and coffee extract, it is then followed by a relaxing full body massage utilizing a blend of macadamia nut oil, coconut oil, olive oil and body butter. The final touch is an Express Facial to brighten your complexion.

- Nourish Body Treatment
- Express Facial







# SPA BOTANICA SPECIALTIES

## Island Getaway 90 mins

This awakening body therapy begins with a gentle full body exfoliation with the refreshing properties of lemongrass. A tranquilizing full body massage infused with lavender & peppermint scent will leave you restored and energized.

- Lemongrass Body Scrub
- Aroma Body Massage

## Luminescence Ritual 90 mins

Allow the natural fragrance of jasmine to set forth on this reviving journey. A stimulating full body buff and aromatic facial featuring rose essential oils are included for a refreshing experience.

- Jasmine Body Scrub
- Rose Facial



# FACIAL COLLECTION

## **Luxurious Customized Facial 75 mins**

This customized facial specifically addresses fine lines for oily, dehydrated or sensitive skin. Your therapist will select and blend the serum based on your skin type which can firm, balance, replenish or soothe the skin. Dramatic results can also be achieved with this facial if performed in a series, accompanied by a proper home care regime.

## **Caviar Deluxe Facial 75 mins**

Combating environmentally stressed skins and premature aging skins, this facial uses precious caviar extract to boost skin cells' metabolism and microcirculation, as well as diminish fine lines and wrinkles. Added to this unique treatment is a warm mineral mask that leaves your skin radiant and glowing. Result can be seen in just one treatment.

## **Vitamin & Honey Brightening Facial 75 mins**

A combination of vitamins and honey that quenches thirsty skin, rebalances tired and dehydrated complexion. Fused with anti-oxidants, this rich blend promotes elastin repair, collagen rebuilding and aging process combat, leaving your skin perfectly conditioned.

## **Aromatic Radiance Facial 60 mins**

Using the finest aromatic ingredients, this treatment combines the therapeutic benefits of a traditional facial which includes deep cleansing, exfoliation, soothing facial massage and a refreshing mask application. Products are selected according to individual skin care needs. This facial is complemented with a relaxing face, neck and shoulder massage.

## **Back Facial (Back Treatment) 60 mins**

A purifying and exfoliating treatment is used to cleanse this neglected area. Complete this treatment through a gentle massage with replenishing oils and a cleansing mask. Extractions are available for your own preference.

# FACIAL THERAPY ENHANCER

**Chromapeel Treatment (Diamond Peel for Face/Back) 25 mins**

**Lift & Firm Eye Treatment 15 mins**

**Nourishing Hand Treatment 20 mins**

**Nourishing Foot Treatment 20 mins**





# BODY MASSAGE

## **Spa Botanica Signature Massage 90 mins**

Enjoy this truly indulgent massage with various techniques inspired from the East through West. Traditional swedish, warm stones, kneading, body stretching and therapeutic massage techniques work together to create calming and rhythmic movements that will leave you freshened up and energized.

## **Warm Stone Massage 90 mins**

Your journey to a complete relaxation begins with warm stones placed along the body meridians to relieve tension. The perfect combination of heat and essential oils brings relief to tensed muscles and sore joints, providing an intensely enjoyable massage sensation.

## **Aromatherapy Massage 60/90 mins**

You are invited to choose from our finest blend of essential oils to meet this soothing massage experience. Emotionally calming and deeply nourishing for your skin, this gentle pressure massage will help to bring you into a state of peaceful contentment.

## **Swedish Massage 60/90 mins**

A traditional Swedish-style massage that reduces tension by using medium pressure to relieve muscle strain. Promoting full-body relaxation, this is one of our most popular massages.

## **Focus Body Work 60/90 mins**

This full body massage will be customized to your specific needs, using various pressures and techniques. Upon request, complimentary aroma massage oil can be added to enhance your experience.

## **Expectant Mother's Massage 60 mins**

With a blend of mother and baby-safe oils to soothe body tension and reduce the appearance of stretch marks, this relaxing massage is designed for all mothers-to-be. Extra care and attention are given to ensure the mother's comfort based on stage of pregnancy. Not recommended for the 1st trimester .

# BODY TREATMENT ENHANCER

## **Coffee Delight 45 mins**

This invigorating body scrub is infused with natural aroma of coffee and botanical oil to exfoliate. A true delight that finishes with an organic moisturiser, your skin is left to feel rejuvenated.

## **Fruity Smoothie 45 mins**

This creamy rich aromatic scrub utilizes natural fruit essence to polish your skin and scrub away your stress; it will smooth your skin and freshen up your body.

## **Aroma Bath (Jacuzzi) 30 mins**

A perfect add-on to prolong your blissful body therapy experience.

## **Thai Herbal Compress 15 mins**

A warm heated treat focuses on your back for additional body pampering.

## **Dry Skin Body Brushing 15 mins**

A splendid body therapy enhancer to improve circulation and drainage.



# EXCLUSIVE FOR FAMILY

## **Mommy & Princess Treat 75 mins**

Nurture the special mother-daughter bond by sharing the joy of pampering together. Served with light refreshment upon arrival, followed by a neck & shoulder massage as well as an aromatic facial. A hand treatment is included.

## **Daddy & Prince Treat 75 mins**

This head-to-toe healing massage journey is ideal for father and son to relax together especially after a day of family fun activities. Scalp and foot massage is included. Completed with light refreshment, this bonding time will leave you both delighted.







# EXPRESS RELIEF

## **Back & Neck Reliever 45 mins**

This massage uses medium pressure and concentrates on the shoulder, back and neck areas to relieve tension and promote relaxation.

## **Basic Purity 45 mins**

This express facial incorporates natural plant ingredients and is suitable for all skin types.



# TERMS & CONDITIONS

## Opening Hours

Mon – Sun 10:00am - 8:00pm

## Appointments

Advance reservations are highly recommended. To reserve your treatment, please call (852) 2295-8129 or email [spa@aubergediscoverybay.com](mailto:spa@aubergediscoverybay.com)

## Cancellation Policy

Cancellation or no shows within 12 hours will incur a 100% charge. A credit card number is required at the time of your booking.

## Arrival at Spa

We suggest you arrive ten minutes prior to your scheduled appointment time. Please understand that late arrivals will not receive an extension of scheduled treatments.

## Consultation Form

You will be asked to fill out a consultation form prior to your treatment. We may not be able to start your treatment if the consultation form is not completed.

## Health Conditions

Please advise us of any health conditions such as allergies, heart problems, recent surgeries, or pregnancy that may affect your treatment. We will try to accommodate your needs.

## Age Requirement

There is no age limit to patronise our spa. However children below 18 must be accompanied by a parent or guardian for spa treatments.

## **Spa Etiquette**

Our Spa is a place for relaxation. Please respect all guests' right to enjoy this tranquil environment and switch off all electronic devices before entering the Spa.

## **Restrictions**

Smoking and consumption of alcohol are strictly prohibited in the Spa.

## **Storage of Valuables**

Lockers are provided at the changing rooms for the safekeeping of valuables. We accept no responsibility for any loss, theft or damage of possessions.

## **Gift Certificates**

Gift Certificates can be purchased at Spa Botanica.

## **Facilities**

Public steam room or jacuzzi facilities are not available at Spa Botanica. An additional charge is required for the usage of private steam room or in-room jacuzzi.

## **Method of Payment**

Cash and most major credit cards can be accepted at the Spa. Hotel guests may charge their spa treatments to their hotel bills. All prices are quoted in Hong Kong dollars (HKD) and are subject to 10% service charge.

Auberge Discovery Bay Hong Kong  
2/F 88 Siena Avenue, Discovery Bay  
Lantau Island, Hong Kong  
Tel: (852) 2295 8129  
Fax: (852) 2295 8188  
[spa@aubergediscoverybay.com](mailto:spa@aubergediscoverybay.com)  
[www.aubergediscoverybay.com](http://www.aubergediscoverybay.com)



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